Chicken and mango salad

This chicken and mango salad recipe is a great summer standby and is given its fresh zing with the lime mayonaise dressing. Take it on a picnic or share it with friends at home.





ingredients

* 4 chicken breasts, panfried and sliced
* 1 bag of baby spinach leaves (150g)
* 2 fresh mangoes, peeled and sliced or 1 tin mangoes, drained and sliced
* 1 capsicum, de-ribbed and sliced
* 1 red onion, peeled and sliced
* 1 punnet cherry tomatoes, halved
* 1 cup whole egg mayonnaise
* 1/4 cup lime juice

method

1. In a bowl, combine the mayonaise and lime juice. Set aside.
2. Toss together the spinach, capsicum, onion and cherry tomatoes. Arrange on a platter.
3. Lay the chicken on top of the salad and the mango over the chicken.

Drizzle with lime mayonnaise.